

# June Classes and Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Positively Fit</b> 8:30-9:30 am   \$38/mo	<b>Yoga (SS)(SF)</b> 8-9 am \$32/5 P or \$53/10 P	<b>Positively Fit</b> 8:30-9:30 am   \$38/mo	<b>Yoga (SS)(SF)</b> 8-9 am \$32/5 P or \$53/10 P	<b>Positively Fit</b> 8:30-9:30 am   \$38/mo
<b>New Beg. &amp; Inter. Ukulele</b> 9-11 am   \$1	<b>Woodcarving**</b> 8-11 am   \$1	<b>Open Computer Lab</b> 9-11 am   \$1	<b>Zumba Gold (SS)</b> 8:30-9:30 am \$27/5 P or \$53/10 P	<b>Watercolor Painting</b> 9 am-12 pm   \$53/8wks
<b>Drop-In Computer Tutoring</b> 9-11 am   \$1	<b>Zumba Gold (SS)</b> 8:30-9:30 am \$27/5 P or \$53/10 P	<b>Strum Along Ukulele</b> 9:15-11:15 am   \$1	<b>Yoga (SS)(SF)</b> 9-10 am \$32/5 P or \$53/10 P	<b>Intro to Computers*</b> 9-11 am   1st & 3rd Fri \$1
<b>Mixed Media Art</b> 9 am-12 pm   \$53/8 wks	<b>Yoga (SS)(SF)</b> 9-10 am \$32/5 P or \$53/10 P	<b>Fun 2b Fit w/ Jack (Senior Stretch) (SS)</b> 10-11 am   \$25/mo	<b>Open Computer Lab</b> 9-11 am   \$1	<b>Positively Fit</b> 9:45-10:45 am   \$26/mo
<b>Positively Fit</b> 9:45-10:45 am   \$26/mo	<b>Stone Age Ukulele Int. &amp; Adv.</b> 9:30-11:30 am   \$27/mo	<b>Open Computer Lab</b> 11 am-1 pm   \$1	<b>Fun 2b Fit w/Jack (Cardio &amp; Strength) (SS)</b> 10-11 am   \$25/mo	<b>Fun 2b Fit w/Jack (Cardio &amp; Strength) (SS)</b> 10-11 am   \$25/mo
<b>Jackie's Creative Crafts</b> 10-11:30 am 2nd Mon of mo   \$1***	<b>One-on-One Computer Lab*</b> 9-11 am   \$1	<b>Improver Line Dance</b> 11:15 am-12:45 pm \$27/5 P or \$53/10 P	<b>Restore Your Energy</b> 10:30-11:15 am   \$26/mo	<b>Merry Makers &amp; Duplicate Bridge</b> 12:15-3:30 pm   \$1
<b>Fun 2b Fit w/Jack (Cardio &amp; Strength) (SS)</b> 10-11 am   \$25/mo	<b>Fun 2b Fit w/Jack (Cardio &amp; Strength) (SS)</b> 10-11 am   \$25/mo	<b>Laughter Yoga</b> 12:15-1 pm   \$1	<b>Open Computer Lab</b> 11 am-1 pm   \$1	<b>Needlecraft**</b> 12:15-3:30 pm   \$1
<b>Open Computer Lab</b> 11 am-1 pm   \$1	<b>Restore Your Energy</b> 10:30-11:15 am   \$26/mo	<b>Duplicate Bridge (ACBL)</b> 12-3 pm   \$1	<b>American Mah Jongg</b> 12:15-3 pm   \$1	<b>Movie Matinee</b> Friday June 22   1-3 pm \$1
<b>Beg. Tap Dance Club</b> 11:15 am-12:15 pm \$32/mo	<b>Quilting**</b> 11:30 am-9 pm   \$1	<b>New Beg. &amp; Inter. Ukulele</b> 12:30-3 pm   \$1	<b>Pinochle Canasta (Hand &amp; Foot)</b> 12:15-3:45 pm   \$1	
<b>Inter. Tap Dance Club</b> 12:15-1:45 pm   \$32/mo	<b>Open Computer Lab</b> 11 am-1 pm   \$1	<b>Bingo</b> 12:45-3:30 pm   \$6	<b>Chair Yoga</b> 1:45-2:30   \$26/mo	
<b>Prize Bingo</b> 12:30-2 pm   \$1	<b>Pinochle Canasta (Hand &amp; Foot) American Mah Jongg</b> 12:15-3 pm   \$1	<b>Book Club: July's book is "Love and Ruin" by Paula McLain</b> 1-3 pm July 11   \$1	<b>Chair Dance</b> 2:45-3:30   \$26/mo	
<b>Conversational Spanish</b> 1-2 pm   \$26/4 wks	<b>"Write" Down Memory Lane (Learn to Write a Memoir)</b> 1-3 pm   \$1		<b>Intergenerational Bingo</b> 4-5 pm   \$1	
<b>Ceramics Lab**</b> 1-4 pm   \$1	<b>Chair Yoga</b> 1:45-2:30 pm   \$26/mo	<b>Music Appreciation</b> 1-3 pm 4th Wed of the mo   \$1	<b>Zumba Gold (SS)</b> 5:45-6:45 pm \$27/5 P or \$53/10 P	<b>Saturday</b>
<b>Inter. Line Dancing</b> 2-3:30 pm \$27/5 P or \$53/10 P	<b>Table Tennis</b> 4-8 pm   \$1			<b>Table Tennis**/ Billiards</b> 9 am-12 pm   \$1
	<b>Chair Dance</b> 2:45-3:30 pm   \$26/mo			
	<b>Zumba Gold (SS)</b> 5:45-6:45 pm \$27/5 P or \$53/10 P			<b>Zumba Gold (SS)</b> 9:15-10:15 am \$27/5 P or \$53/10 P

\*Appointments must be made at (760) 744-5535, ext. 0 \*\*Group activity with no formal instructor. \*\*\*Additional material fee may apply. Silver Sneakers (SS) & Silver and Fit (SF): Please speak with instructor for more information. P: Punch card available at Front Desk

**FITNESS**   **ART/CRAFTS/WRITING**   **GAMES & FUN**   **MUSIC**   **COMPUTER LAB**   **SELF IMPROVEMENT**